



Hertfordshire and  
West Essex Integrated  
Care System



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West Essex  
Integrated Care Board

# Evidence Based Intervention

## Sleep Apnoea

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## Policy: Referrals for Sleep Studies for suspected Obstructive Sleep Apnoea

Referrals should only be made in line with NICE NG202


**Patients who are not eligible for treatment under this policy may be considered on an individual basis where their GP or consultant believes exceptional circumstances exist that warrant deviation from the rule of this policy. Individual cases will be reviewed as per the ICB policy**

### Change History:

Version	Date	Reviewer(s)	Revision Description

### DOCUMENT CONTROL

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