

# For use in South and West Hertfordshire and East and North Hertfordshire CATHETER FORMULARY



This formulary has been developed and reviewed by the HCT Bladder and Bowel Service, in conjunction with East and North Hertfordshire CCG and Herts Valley CCG, for use in the community by community nurses and General Practitioners (GPs). Product choices have been based on experience, clinical effectiveness, patient requirement and cost effectiveness. This formulary will be updated annually to reflect innovations in practice and new, evaluated products.



Users of the formulary are advised that:

- Patient assessment is essential before deciding to catheterise;
- Alternative management options should be first considered because of the complications associated with indwelling urinary catheters;
- Product choice should be determined by clinical assessment, however patients/carers should be given the opportunity to make informed choices and be part of the decision-making process;
- Patients should be regularly reviewed to confirm continued need, and/or assess changes, taking into account new products and developments which may better suit the patient's need, in accordance with the formulary;
- Requests for non-formulary items must be clinically justifiable and may be challenged;
- The minimum quantity required to meet patient needs should be ordered to avoid stockpiling.

## **Requesting Prescriptions**

Prescriptions must be authorised and generated by a GP practice/Independent Non-medical Prescriber (NMP) prior to any delivery of appliances to patients. HCT community nursing staff requesting prescriptions to be issued by patients' GPs for continence products must use the Catheter Prescription Request Form (Annex 1).

## **Ordering Supplies**

Patients must be given the choice of where to obtain their prescribed continence supplies from. One supplier should not be recommended in preference to another.

There are two routes of supply:

1. Community Pharmacies – prescriptions can be collected by the patient or a patient's representative from the GP surgery and items delivered directly to the patient's home, along with other medication. Stock will be delivered within 24 – 48 hours in most instances (NB not all pharmacies offer a delivery service to patients).
2. Dispensing Appliance Contractors (DAC) – prescriptions can be posted from the GP surgery to the DAC and items delivered directly to the patient's home. Stock is usually delivered within 24 - 48 hours.

## **Intermittent Catheters**

## For use in South and West Hertfordshire and East and North Hertfordshire

### CATHETER FORMULARY

Intermittent Catheters have not been added to the Catheter Formulary. Usual usage is between 5-6 times daily depending on the residual urine. Patients using more than 8 catheters daily should be referred to The Adult Bladder and Bowel Service for specialist advice on bladder management.

LUBRICANT GELS		
<ul style="list-style-type: none"> <li>Reduces the risk of urethral trauma. Recommended for both male &amp; female patients.</li> </ul>		
PRODUCT	Size & Codes	Order quantity per 30 days
Cathejell Mono (free from Lidocaine and Chlorhexidine) (pack of 1)	8.5gm CJM 08501	Order 1-3
Cathejell Mono (free from Lidocaine and Chlorhexidine) (pack of 1)	12.5gm CJM 12501	Order 1-3
Hydro-Caine Gel (pack of 1)	6mls HYD006	Order 1-3
Hydro-Caine Gel (pack of 1)	11mls HYD011	Order 1-3
CATHETERS		
<ul style="list-style-type: none"> <li>Indwelling urinary catheterisation must be only undertaken as the last resort after all other alternatives have been considered due to the increased risk of catheter acquired urinary tract infection (CAUTI).</li> <li>Wherever possible use smallest gauge catheter 12-14ch for urethral use. Use larger gauge 16ch for supra-pubic use.</li> </ul>		
PRODUCT	Size & Codes	Order quantity per 30 days
Dressit Sterile Pack (pack of 10)	Small/Medium 908640	1
Dressit Sterile Pack (pack of 10)	Medium/Large 908650	1
Clinipod Saline 20mls (pack of 25)	359-9933	1 box
Long Term use – Hydrogel Coated Latex		
Designed to remain in situ for up to 12 weeks. Supplied with a pre-filled syringe for balloon inflation and an empty syringe for balloon deflation.		
PRODUCT	Size & Codes	Expected order quantity per 30 days
Rusch Sympacath AquaFlate	12Ch Standard DH310112	Maximum of 3
Rusch Sympacath AquaFlate	14Ch Standard DH310114	Maximum of 3
Rusch Sympacath AquaFlate	16Ch Standard DH310116	Maximum of 3
Rusch Sympacath AquaFlate	12Ch Female DH210112	Maximum of 3
Rusch Sympacath AquaFlate	14Ch Female DH210114	Maximum of 3

<p><b>Long term Use – 100% Silicone Latex Free</b>          Designed to remain in situ for up to 12 weeks.          Supplied with a pre-filled syringe of Glycerine for balloon inflation and an empty syringe for balloon deflation.          Lubricant included with catheter.</p>		
<b>PRODUCT</b>	<b>Size &amp; Codes</b>	<b>Expected order quantity per 30 days</b>
2 way Foley with glycerine filled syringe Uni-Flo (LINC) 5ml balloon	12Ch Standard 08501205G	Maximum of 3
2 way Foley with glycerine filled syringe Uni-Flo (LINC) 5ml balloon	14Ch Standard 08501405G	Maximum of 3
2 way Foley with glycerine filled syringe Uni-Flo (LINC) 10ml balloon	16Ch Standard 08501610G	Maximum of 3
2 way Foley with glycerine filled syringe Uni-Flo (LINC) 5ml balloon	12Ch Female 085012051G	Maximum of 3
2 way Foley with glycerine filled syringe Uni-Flo (LINC) 5ml balloon	14Ch Female 085014051G	Maximum of 3
<p><b>Long Term Use – 100% Silicone</b>  <u>Second line option</u> for regular catheter blockage with debris.          Designed to remain in situ for up to 12 weeks.          Supplied with a pre-filled syringe of Glycerine for balloon inflation and an empty syringe for balloon deflation.          Lubricant included with catheter.</p>		
<b>PRODUCT</b>	<b>Size &amp; Codes</b>	<b>Expected order quantity per 30 days</b>
Open tipped catheter with UniBal type balloon with glycerine filled syringe (LINC)	12Ch Standard 08451205G	Maximum of 2
Open tipped catheter with UniBal type balloon with glycerine filled syringe (LINC)	14Ch Standard 08451405G	Maximum of 2
Open tipped catheter with UniBal type balloon with glycerine filled syringe (LINC)	16Ch Standard 084516105G	Maximum of 2
Open tipped catheter with UniBal type balloon with glycerine filled syringe (LINC)	12Ch Female 08471205G	Maximum of 2
Open tipped catheter with UniBal type balloon with glycerine filled syringe (LINC)	14Ch Female 08471405G	Maximum of 2
Open tipped catheter with UniBal type balloon with glycerine filled syringe (LINC)	16Ch Female 08471610G	Maximum of 2

<p><b>CATHETER MAINTENANCE SOLUTIONS</b></p> <ul style="list-style-type: none"> <li>• <b>DO NOT USE</b> maintenance solutions to prevent catheter-associated urinary tract infection (CAUTI).</li> <li>• <b>Optiflo S</b> – to flush blood clots (not effective against encrustation).</li> <li>• <b>Solution G</b> – to remove sediment deposits.</li> <li>• <b>Solution R</b> – to remove gritty deposits prior to catheter removal.</li> </ul>		
<b>PRODUCT</b>	<b>Size &amp; Codes</b>	<b>Order quantity per 30 days</b>
Optiflo S Saline 0.9% Irrigation	50ml CSS50	4
Optiflo G 3.23% Citric Acid	50ml CSG50	4

Optiflo R 6.0% Citric Acid	50ml CSR50	4
Bladder Infusion Kit (LINC) <i>To be used if catheter maintenance solution is needed more than once a week.</i>	MCI/701	1 pack of 10
<p><b>LEG BAGS</b></p> <p>Leg bags can be worn in different positions on the leg. The choice of position, i.e. thigh or calf, will determine the length of the inlet tube.</p> <ul style="list-style-type: none"> <li>The bags should remain connected for approximately 5-7 days. More frequent change is normally unnecessary and breaks the closed system, thereby increasing the risk of infection.</li> <li>Leg bags can be ordered in 300ml, 500ml, and 750ml.</li> </ul>		
<p><b>Sterile Leg Bags</b></p> <p>5-7 day use with needle free port, lever tap, ridge connector, night drainage connector and Velcro anti-slip strap. These products can also be used with urethral sheaths. Including 1 pair of non-latex gloves and 1 pair of soft straps 5-7 day use, with needle free port.</p>		
<b>PRODUCT</b>	<b>Size &amp; Codes</b>	<b>Expected order quantity per 30 days</b>
Sterile Leg Bag With Lever Tap (LINC-FLO) Direct tube - <b>1st choice</b>	500ml LM500SD-L	1 pack of 10
Sterile Leg Bag With Lever Tap (LINC-FLO) Short Tube 10 cm – <b>1st choice</b>	500ml LM500MD-L	1 pack of 10
Sterile Leg Bag With Lever Tap (LINC-FLO) Long Tube 30 cm – <b>1st choice</b>	500ml LM500LD-L	1 pack of 10
ProSys Leg Bag Slide Tap (CliniSupplies) Long Tube	350ml P350L	1 box of 10
ProSys Leg Bag Slide Tap (CliniSupplies) Short Tube	350ml P350S	1 box of 10
ProSys Leg Bag Slide Tap (CliniSupplies) Long Tube	500ml P500L	1 box of 10
ProSys Leg Bag Slide Tap (CliniSupplies) Short Tube	500ml P500S	1 box of 10
ProSys Leg Bag Slide Tap (CliniSupplies) Long Tube	750ml P750L	1 box of 10
ProSys Leg Bag Lever Tap (CliniSupplies) Short Tube	500ml P500S-LT	1 box of 10
ProSys Leg Bag Lever Tap (CliniSupplies) Long Tube	500ml P500L-LT	1 box of 10
<p><b>Night Bags</b></p> <p>2 litre drainage bags. Night bags should no longer be re-used in the community. A single use night bag is to be attached to the leg bag and disposed of daily.</p>		
<b>PRODUCT</b>	<b>Size &amp; Codes</b>	<b>Order quantity per 30 days</b>
Sterile Non-Drainable Night Bag LINC Medical 2 litre overnight drainage bag (LINC-Flo) - <b>cost effective 1st choice</b>	2 litre LM2LS	1 box of 10 x 3
ProsSys Non- Sterile Drainable Night Bag With Tap (CliniSupplies)	2 litre PSU2	1 box of 10 x 3
Sterile Drainable Night Bag (LINC-Flo) <i>*Special order for larger output.</i>	3 litre LM3LS	1 box of 10 x 3

For bedbound patients for connection directly to a catheter for 24 hour usage OR for urethral sheath patients		
CliniSupplies Lever Tap change 5-7 days	2 litre P2000	1 box of 10
<b>CATHETER VALVES</b>		
<b>PRODUCT</b>	<b>Size &amp; Codes</b>	<b>Expected order quantity per 30 days</b>
Care-Flo Sterile Catheter Valve (LINC)	CF1	1 Pack of 5
<b>CATHETER SECURING DEVICES</b>		
<b>PRODUCT</b>	<b>Size &amp; Codes</b>	<b>Order quantity per 30 days</b>
Ugo Fix Leg Bag Holder (Optimum)	Small 24-39cm 3005	1 Pack of 4
Ugo Fix Leg Bag Holder (Optimum)	Medium 36-55cm 3006	1 Pack of 4
Ugo Fix Leg Bag Holder (Optimum)	Large 40-70cm 3007	1 Pack of 4
Ugo Fix Gentle Catheter Clip with soft silicone adhesive patch (Optimum) <i>*Similar to Statlock.</i>	One size 3004	1 Pack of 5
Ugo Fix Catheter Strap (can be cut to size) (Optimum) <i>*Similar to G-Strap.</i>	Medium 80cm 3003	1 Pack of 5
<b>URINARY SHEATHS SELF ADHERING SILICONE</b>		
For single use, adhesive sheaths applied to the penis then attached to a drainage bag:		
<ul style="list-style-type: none"> <li>Assessment must be undertaken by an appropriately trained healthcare professional;</li> <li>Patients must be measured properly including girth &amp; length;</li> <li>Sheaths must be changed on a daily basis to relieve pressure and allow for skin hygiene.</li> </ul>		
Patients must meet the following criteria for a sheath to be successful:		
<ul style="list-style-type: none"> <li>A non-retracted penis;</li> <li>Healthy unbroken skin;</li> <li>No risk of sheath being pulled off;</li> <li>Reasonable mental awareness, manual dexterity and good eyesight or carer availability.</li> </ul>		
<b>PRODUCT</b>	<b>Size &amp; Codes</b>	<b>Order quantity per 30 days</b>
<b>InView -1<sup>st</sup> choice, Coloplast – 2<sup>nd</sup> choice</b>		
InView Standard (Regular length)	25mm 97225	Box of 30
InView Standard (Regular length)	29mm 97229	Box of 30
InView Standard (Regular length)	32mm 97232	Box of 30
InView Standard (Regular length)	36mm 97236	Box of 30
InView Standard (Regular length)	41mm 97241	Box of 30
InView Special (Short length)	25mm 97125	Box of 30
InView Special (Short length)	29mm 97129	Box of 30
InView Special (Short length)	32mm 97132	Box of 30

InView Special (Short length)	36mm 97136	Box of 30
InView Special (Short length)	41mm 97141	Box of 30
Conveen Optima (Coloplast) Standard	25mm 22025	Box of 30
Conveen Optima (Coloplast) Standard	28mm 22028	Box of 30
Conveen Optima (Coloplast) Standard	30mm 22030	Box of 30
Conveen Optima (Coloplast) Standard	35mm 22035	Box of 30
Conveen Optima (Coloplast) Standard	40mm 22040	Box of 30
Conveen Optima (Coloplast) Short	21mm 22121	Box of 30
Conveen Optima (Coloplast) Short	25mm 22125	Box of 30
Conveen Optima (Coloplast) Short	30mm 22130	Box of 30
Conveen Optima (Coloplast) Short	35mm 22135	Box of 30

Version	6.0 Harmonisation of Hertfordshire Medicines Management Committee (HMMC) guidance and West Essex Medicines Optimisation Programme Board (WEMOPB) guidance updates include: <ul style="list-style-type: none"> <li>• Rebadging with HWE ICB and removal of ENHCCG and HVCCG headers</li> <li>• Review date removed and replaced with standard statement.</li> </ul>
Developed by	HCT with HVCCG and ENGCCG PMOT
Approved by	HMMC
Date approved/updated	Version 5 approved January 2020, updated February 2020
Review date:	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.
Superseded version	5.0