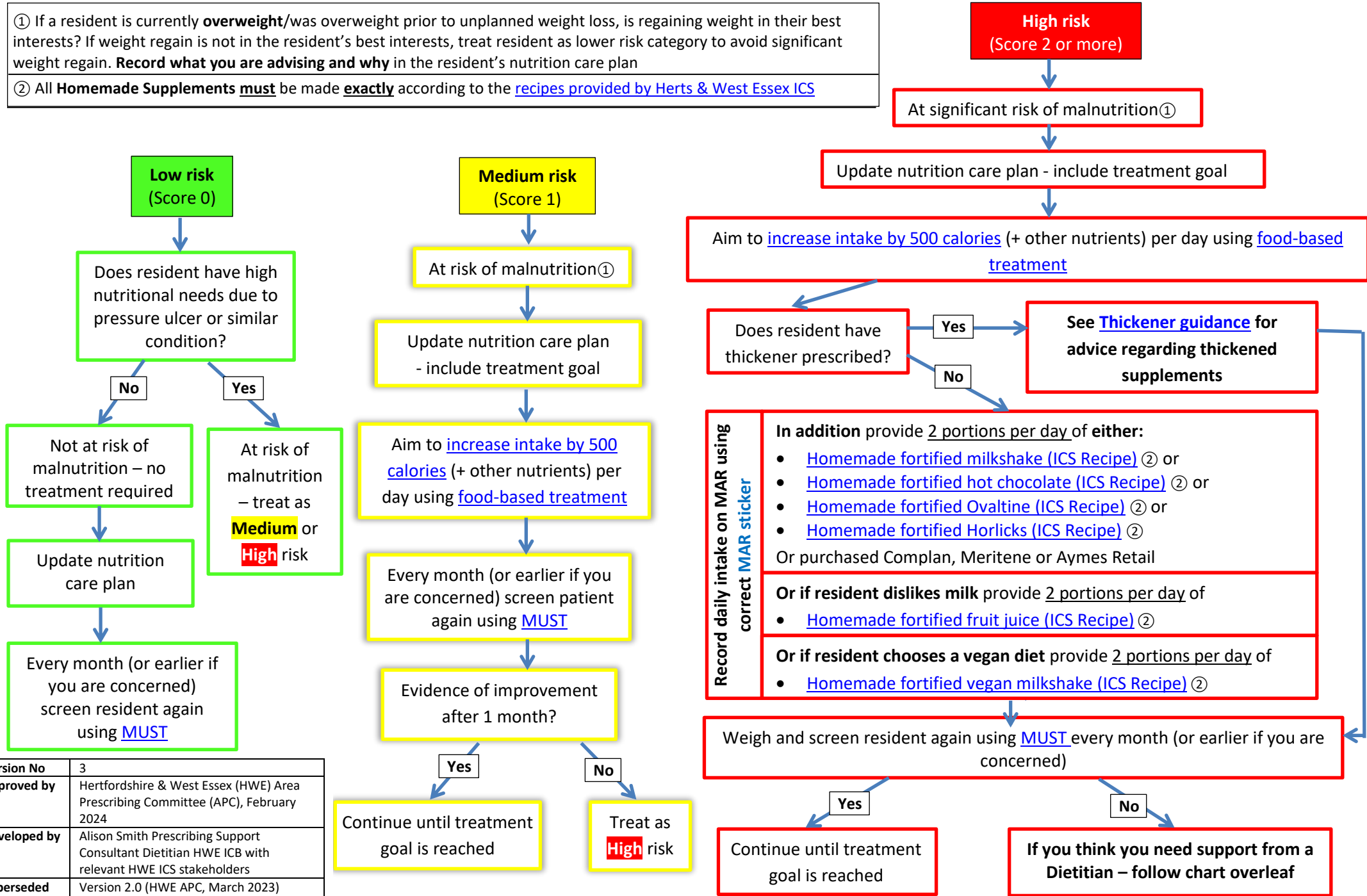


Care Home malnutrition management pathway (based on MUST) – *Pathway must be followed before referring to the Dietitian*

① If a resident is currently **overweight**/was overweight prior to unplanned weight loss, is regaining weight in their best interests? If weight regain is not in the resident’s best interests, treat resident as lower risk category to avoid significant weight regain. **Record what you are advising and why** in the resident’s nutrition care plan

② All **Homemade Supplements** **must** be made **exactly** according to the [recipes provided by Herts & West Essex ICS](#)



Version No	3
Approved by	Hertfordshire & West Essex (HWE) Area Prescribing Committee (APC), February 2024
Developed by	Alison Smith Prescribing Support Consultant Dietitian HWE ICB with relevant HWE ICS stakeholders
Superseded version	Version 2.0 (HWE APC, March 2023)

Care Home malnutrition management pathway - Referring a care home resident to the Dietitian because of malnutrition

