

Prescribing of Adhesive Flange Extenders or Retention Strips Position Statement

Hertfordshire and West Essex ICB recommends maximum monthly quantities, dependent on the stoma type, for the prescribing of adhesive flange extenders or retention strips.

Recommendations

Stoma Type	Daily Quantity	Maximum Monthly Quantity to be Prescribed*
Ileostomy	0-2	60
Colostomy	0-6	180
Urostomy	0-2	60

**Quantity required may be considerably more if used around a fistula site. This should be communicated by the local stoma care nurse*

- New patients using this product should only be prescribed adhesive flange extenders or retention strips after an assessment by a stoma care nurse.
- If ordering in excess of recommended quantities, patients should be referred to their local stoma care nurse for review.

Rationale

- When the stoma bag is changed, the adhesive flange extenders or retention strips will be removed at the same time. Therefore replacements are required at each bag change.
- Patients with an ileostomy or urostomy usually change their stoma bag daily or on alternate days, therefore requiring up to 60 of these products each month.
- Patients with a colostomy may change their stoma bag up to three times a day, so could require up to 180 of these products each month.
- Using more than the recommended amount could indicate a stoma related issue that requires a clinical review.

Background

- Adhesive flange extenders/retention strips offer additional security, usually around the circumference of the adhesive part of a stoma appliance. They do not form part of every patients' stoma care routine.
- They can be useful if a patient has abdominal creases that prevents their stoma appliance adhering, or where a larger adhesive area is required to secure their appliance (e.g. presence of a parastomal hernia).



- They should not be used to ‘patch up leaks’ from a stoma appliance as this can lead to the peristomal skin integrity being compromised.
- Flange extenders/retention strips are made from ‘skin friendly’ hydrocolloid or silicone and cannot be substituted with tape to secure a stoma bag.
- Due to the varying shapes and sizes of flange extenders/retention strips, the stoma care nurse is best placed to advise on the appropriate product, the amount required and instructions for use.

Stoma Care Nurse Team Contact Details:

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West Essex: Stoma care nursing team	Telephone: 01279 827072 (Monday-Friday, 8am-4pm)	Email: paht.stomacare@nhs.net

References:

1. Stoma Toolkit Adults, February 2018; NHS Birmingham

Version	4.0
Developed by	Pharmacy and Medicines Optimisation Team, Hertfordshire and West Essex Integrated Care Board Stoma Care Clinical Nurse Specialists, West Hertfordshire Teaching Hospitals NHS Trust, East and North Hertfordshire NHS Trust and The Princess Alexandra Hospital NHS Trust.
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Review date	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.

