*[Patient name] [Practice name]*

*[Patient address1] [Practice Address 1]*

*[Patient address 2] [Practice Address 2]*

*[Patient address 3] [Practice Address 3]*

*[Postcode] [Postcode]*

*[Date]*

Dear [PATIENT],

**Changes to your adhesive spray/lotion prescription**

In line with current national and local guidelines, we have carried out a review for all patients who are prescribed accessories for their stoma.

There are some stoma accessories which are clinically required for your stoma care routine, however, there are several types of accessories that may be masking, rather than solving stoma related issues.

The latest guidance means that the adhesive spray or lotion that you may have used to help stick your stoma bag to your body, will no longer be available on prescription. Bags are now designed to stick to the skin even if there is excess moisture, a high stoma output or uneven skin surfaces.

Using an adhesive spray/lotion to help your stoma bag stick to your body could mean that you have a stoma related issue requiring a clinical review.

This prescription change has been agreed with local stoma care specialist nurses and is in line with current local guidance.

**If you are experiencing leaks, odour, sore skin around your stoma or your stoma bag is lifting and not sticking properly, please contact your local stoma nurse.**

Their contact details are:

|  |  |  |
| --- | --- | --- |
| Dacorum, Watford and St Albans & Harpenden Localities | Telephone: 01923 217489 (Monday-Friday, 8am-4pm) | Email: [westherts.stomacare@nhs.net](mailto:westherts.stomacare@nhs.net) |
| Hertsmere Locality | Telephone: 07901 118827  (Monday-Friday, 8:30am-4:30pm) | Email:  [nclicb.stomanurse@nhs.net](mailto:nclicb.stomanurse@nhs.net) |
| Stoma office for hospital and community care service, Lister hospital, Stevenage | Telephone: 01438 284133  (Monday-Friday, 7am-4.30pm) | Email:  [stomacare.enh-tr@nhs.net](mailto:stomacare.enh-tr@nhs.net) |
| West Essex Stoma Care Nursing Team | Telephone: 01279 827072 (Monday-Friday, 8am-4pm) | Email: [paht.stomacare@nhs.net](mailto:paht.stomacare@nhs.net) |

**The ideal aim is to have such a good bag fit that stoma accessories are rarely needed.  Please note that if you are prescribed more than one stoma accessory product, you may receive more than one letter for each of your different products.**

Yours sincerely,