

Prescribing of Adhesive Sprays / Lotions to Aid Bag Adhesion

Position Statement

Hertfordshire and West Essex ICB does not support the prescribing of adhesive sprays/lotions to aid bag adhesion.

Recommendations

- Adhesive sprays/lotions to aid bag adhesion should not be prescribed.
- New and existing patients should be referred to their local stoma care nurse for review if they are experiencing problems with bag adherence.

Rationale

- The use of an adhesive spray/lotion to aid bag adherence is an indication that there is a stoma related issue requiring a clinical review.
- Advances in bag design include hydrocolloid skin barriers designed to adhere to the skin, withstanding excess moisture production, high stoma output and uneven skin surfaces.
- Adhesive sprays/lotions may result in a build-up of residue left on the skin which is difficult to remove, often requiring additional products for its removal.

Background

- Adhesive sprays/lotions were often used with older stoma appliances to aid security and increase adhesion.
- Historically, patients experiencing excessive sebum or sweating were directed to use adhesive products.
- The use of adhesive sprays/lotions is often as a result of stoma related problems, such as bag leakage or a stoma bag lifting or not lasting.
- Residue left on peristomal skin as a result of using an adhesive can lead to additional products being used to remove this and/or skin cleaned aggressively to clear it of the residue.

Stoma Care Nurse Team Contact Details:

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ENH: Stoma office for hospital and community care service, Lister hospital, Stevenage	Telephone: 01438 284133 (Monday-Friday, 7am-4.30pm)	Email: stomacare.enh-tr@nhs.net
West Essex: Stoma care nursing team	Telephone: 01279 827072 (Monday-Friday, 8am-4pm)	Email: paht.stomacare@nhs.net



References:

1. PrescQIPP Prescribing Guidelines for Stoma Appliances and Accessories

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Developed by	Pharmacy and Medicines Optimisation Team, Hertfordshire and West Essex Integrated Care Board Stoma Care Clinical Nurse Specialists, West Hertfordshire Teaching Hospitals NHS Trust, East and North Hertfordshire NHS Trust and The Princess Alexandra Hospital NHS Trust.
Date ratified	V1 September 2019 (Medicines Optimisation Clinical Leads Group); November 2019 (Primary Care Commissioning Committee). V2 July 2021 (Medicines Optimisation Clinical Leads Group). V3 May 2023 (Medicines Optimisation & Prescribing Delivery and Implementation Group). V4 Updated SWH Hertsmere contact information.
Review date	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.

