*[Patient name] [Practice name]*

*[Patient address1] [Practice Address 1]*

*[Patient address 2] [Practice Address 2]*

*[Patient address 3] [Practice Address 3]*

*[Postcode] [Postcode]*

*[Date]*

Dear [PATIENT],

**Changes to your stoma bag prescription**

In line with current national and local guidelines, we have carried out a review for all patients who are prescribed bags for their stoma.

Depending on the type of stoma you have, the maximum number of bags prescribed per month has changed:

|  |  |
| --- | --- |
| **Appliance Type** | **Maximum monthly quantity to be prescribed** |
| Colostomy bags – one piece systems | 90 bags |
| Colostomy bags – two piece systems | 90 bags + 15 Flanges |
| Ileostomy bags – one piece systems | 30 bags |
| Ileostomy bags – two piece systems | 30 bags + 15 flanges |
| Urostomy bags – one piece systems | 30 bags |
| Urostomy bags – two piece systems | 20 bags + 15 flanges |
| Night drainage bags for urostomy patients | 4 bags (1 box of 10 bags every 2-3 months) |

Needing to use more than the recommended number of bags may indicate a stoma related issue that your stoma nurse can help with.

This prescription change has been agreed with local stoma care specialist nurses and is in line with current local guidance. We have made this change to your repeat prescription ready for your next order.

**If you are experiencing leakage, odour or sore skin around your stoma, please contact your stoma nurse.**

Their contact details are:

|  |  |  |
| --- | --- | --- |
| Dacorum, Watford and St Albans & Harpenden Localities | Telephone: 01923 217489 (Monday-Friday, 8am-4pm) | Email: [westherts.stomacare@nhs.net](mailto:westherts.stomacare@nhs.net) |
| Hertsmere Locality | Telephone: 07901 118827  (Monday-Friday, 8:30am-4:30pm) | Email:  [nclicb.stomanurse@nhs.net](mailto:nclicb.stomanurse@nhs.net) |
| Stoma office for hospital and community care service, Lister hospital, Stevenage | Telephone: 01438 284133  (Monday-Friday, 7am-4.30pm) | Email:  [stomacare.enh-tr@nhs.net](mailto:stomacare.enh-tr@nhs.net) |
| West Essex Stoma Care Nursing Team | Telephone: 01279 827072 (Monday-Friday, 8am-4pm) | Email: [paht.stomacare@nhs.net](mailto:paht.stomacare@nhs.net) |

**The ideal aim is to have such a good bag fit that stoma accessories are rarely needed.  Please note that if you are prescribed more than one stoma accessory product, you may receive more than one letter for each of your different products.**

Yours sincerely,

Dr Kevin Barrett

Clinical Lead for Gastroenterology

Herts Valleys CCG

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Clinical Lead for Gastroenterology

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