

For use in West Essex

CONTINENCE APPLIANCE FORMULARY

This formulary was developed and reviewed by EPUT WECHS Continence Advisory Service, in consultation with WECHS community nursing service. The February 2020 update has been done in consultation with EPUT, Princess Alexandra Hospital and West Essex CCG.

It is intended for use in the community by community nurses and GPs. Product choices have been based on experience, clinical effectiveness, patient requirement and cost effectiveness.

Users of the Formulary are advised that:

- Patient assessment is essential before deciding to catheterise
- Alternative management options should be first considered because of the complications associated with indwelling urinary catheters.
- Product choice should be determined by clinical assessment, however patients/carers should be given the opportunity to make informed choices and be part of the decision-making process.
- Patients should be regularly reviewed to confirm continued need, and/or assess changes, taking into account new products and developments which may better suit the patient's need, in accordance with the Formulary.
- Requests for non-formulary items must be clinically justifiable and may be challenged.
- The minimum quantity required to meet patient needs should be ordered to avoid stockpiling.

Requesting Prescriptions

Prescriptions must be authorised and generated by a GP /Independent Non-medical Prescriber (NMP) prior to any delivery of appliances to patients. EPUT community nursing staff requesting prescriptions to be issued by patients' GPs for continence products must use the Incontinence Appliance Request Form (see appendix).

Ordering Supplies

Patients must be given the choice of where to obtain their prescribed continence supplies from. One supplier should not be recommended in preference to another.

There are two routes of supply:

1. Community Pharmacies – prescriptions can be collected by the patient or a patient's representative from the GP surgery and items delivered directly to the patient's home, along with other medication. Stock will be delivered within 24 – 48 hours in most instances (NB not all pharmacies offer a delivery service to patients).
2. Dispensing Appliance Contractors (DAC) – prescriptions can be posted from the GP surgery to the DAC and items delivered directly to the patient's home. Stock is usually delivered within 24 - 48 hours.

Catheter Care

Please refer to the Royal College of Nursing's [Catheter Care Guidance for Health Care Professionals](#) for further advice on catheter care.

Intermittent Catheters

Choice of Intermittent Catheters is not included with in this formulary, and should be made on an individual patient basis. Usage is usually between 5-6 times daily depending on the residual urine.

Consider reviewing patients requesting/using >8/day, and referring these patients to the EPUT adult bladder & bowel service for specialist advice on bladder management.

LUBRICANT GELS

Reduces the risk of urethral trauma. Recommended for both male & female patients

PRODUCT	Size & Codes	Expected order quantity Per 30 days
Cathejell Mono (free from Lidocaine and Chlorhexidine)	8.5gm CJM 08501	As per catheter order
Cathejell Mono (free from Lidocaine and Chlorhexidine)	12.5gm CJM 12501	As per catheter order
Hydrocaine Jel	6mls HYD006	As per catheter order
Hydrocaine Jel	11mls HYD011	As per catheter order

CATHETERS

- Indwelling urinary catheterisation must be only undertaken as the last resort after all other alternatives have been considered due to the increased risk of catheter acquired urinary tract infection. (CAUTI)
- Wherever possible use smallest gauge catheter 12-14ch for urethral use. Use larger gauge 16-18ch for supra-pubic use.

Short Term Use – PTFE Coated Latex Catheter

PRODUCT	Size & Codes	Expected order quantity Per 30 days
Rusch PTFE	12Ch Standard 10ml DP310112	Maximum of 2
Rusch PTFE	14Ch Standard 10ml DP310114	Maximum of 2
Rusch PTFE	16Ch Standard 10ml DP310116	Maximum of 2
Rusch PTFE	18Ch Standard 10ml DP310118	Maximum of 2
Rusch PTFE	12Ch Female 10ml DP210112	Maximum of 2
Rusch PTFE	14Ch Female 10ml DP210114	Maximum of 2
Rusch PTFE	16Ch Female 10ml DP210116	Maximum of 2
Rusch PTFE	18Ch Female 10ml DP210118	Maximum of 2

Long Term use – Hydrogel Coated Latex

Designed to remain in situ for up to 12 weeks

Supplied with a pre-filled syringe for balloon inflation and an empty syringe for balloon deflation

PRODUCT	Size & Codes	Expected order quantity Per 30 days
Rusch Sympacath AquaFlate	12Ch Standard DH310112	Maximum of 3
Rusch Sympacath AquaFlate	14Ch Standard DH310114	Maximum of 3
Rusch Sympacath AquaFlate	16Ch Standard DH310116	Maximum of 3
Rusch Sympacath AquaFlate	18Ch Standard DH310118	Maximum of 3
Rusch Sympacath AquaFlate	12Ch Female DH210112	Maximum of 3
Rusch Sympacath AquaFlate	14Ch Female DH210114	Maximum of 3
Rusch Sympacath AquaFlate	16Ch Female DH210116	Maximum of 3

Long term Use – 100% Silicone Latex Free

Designed to remain in situ for up to 12 weeks

Supplied with a pre-filled syringe for balloon inflation and an empty syringe for balloon deflation

PRODUCT	Size & Codes	Expected order quantity Per 30 days
Rusch Brilliant AquaFlate	12Ch Male DA310112	Maximum of 3
Rusch Brilliant AquaFlate	14Ch Male DA310114	Maximum of 3
Rusch Brilliant AquaFlate	16Ch Male DA310116	Maximum of 3
Rusch Brilliant AquaFlate	18Ch Male DA310118	Maximum of 3
Rusch Brilliant AquaFlate	12Ch Female DA210112	Maximum of 3
Rusch Brilliant AquaFlate	14Ch Female DA210114	Maximum of 3
Rusch Brilliant AquaFlate	16Ch Female DA210116	Maximum of 3

Long Term Use – 100% Silicone

Designed to remain in situ for up to 12 weeks

Second Line Option for regular catheter blockage with debris

PRODUCT	Size & Codes	Expected order quantity Per 30 days
Coloplast Folsil X-TRA Open Ended	12Ch Standard AA8 C12	Maximum of 3
Coloplast Folsil X-TRA Open Ended	14Ch Standard AA8 C14	Maximum of 3
Coloplast Folsil X-TRA Open Ended	16Ch Standard AA8 C16	Maximum of 3
Coloplast Folsil X-TRA Open Ended	18Ch Standard AA8 C18	Maximum of 3

CATHETER MAINTENANCE SOLUTIONS

- DO NOT USE Maintenance solutions to prevent catheter-associated urinary tract infection (CAUTI)

Traditionally catheter maintenance solutions of 100ml have been widely used but research now suggests that smaller volumes of solution i.e. 30ml are as effective, and also demonstrates the benefits of using two sequential 30ml maintenance solutions for certain patients following assessment

PRODUCT	Size & Codes	Expected order quantity Per 30 days
Uro-tainer Twin Solution R	2 x 30ml 9746625	Maximum of 4
Uro-tainer Twin Suby G	2 x 30ml 9746609	Maximum of 4
Uro-tainer NaCl	50ml FB99849	Maximum of 4
Uro-tainer NaCl	100ml FB99833	Maximum of 4
LINC Medical Bladder Infusion Kit To be used if catheter maintenance solution is needed more than once a week	MCI/701	1 pack of 10

LEG BAGS

Leg bags can be worn in different positions on the leg. The choice of position, i.e. thigh or calf will determine the length of the inlet tube

- The bags should remain connected for approximately 5-7 days. More frequent change is normally unnecessary and breaks the closed system, thereby increasing the risk of infection
- Non – sterile leg bags are not to be used with indwelling urinary catheters but are available for use with penile sheaths
- Leg bags can be ordered in 300ml, 500ml, 750ml

STERILE LEG BAGS

- 5-7 day use with needle free port, lever tap, ridge connector, night drainage connector and velcro anti-slip strap
- These products can also be used with urethral sheaths

PRODUCT	Size & Codes	Expected order quantity Per 30 days
LINC Medical LINC-FLO Direct tube Cost effective 1st choice	500ml LM500SD-L	1 pack of 10
LINC Medical LINC-FLO Short Tube 10 cm	500ml LM500MD-L	1 pack of 10
LINC Medical LINC-FLO Long Tube 30 cm	500ml LM500LD-L	1 pack of 10

Including 1 pair of non-latex gloves and 1 pair of soft straps 5-7 day use, with needle free port

CliniSupplies ProSys Bag Slide Tap Long Tube	350ml P350L	1 box of 10
CliniSupplies ProSys Bag Slide Tap Short Tube	350ml P350S	1 box of 10
CliniSupplies ProSys Bag Slide Tap Long Tube	500ml P500L	1 box of 10
CliniSupplies ProSys Bag Slide Tap Short Tube	500ml P500S	1 box of 10
CliniSupplies ProSys Bag Slide Tap Long Tube	750ml P750L	1 box of 10
CliniSupplies Leg Bag Lever Tap Short Tube	500ml P500S-LT	1 box of 10
CliniSupplies Leg Bag Lever Tap Long Tube	500ml P500L-LT	1 box of 10

NIGHT BAGS

2 Litre Drainage Bags

All Bags are Sterile. Night bags should no longer be re-used in the community. A single use night bag is to be attached to the leg bag and disposed of daily.

PRODUCT	Size & Codes	Expected order quantity per 30 days
LINC Medical 2 litre overnight drainage bag Cost Effective 1st choice Can also be used for a urethral sheath at night.	2 ltr LM2LS	1 box of 10 x 3
CliniSupplies with tap	2 ltr PSU2	1 box of 10 x 3

For bedbound patients for connection directly to a catheter for 24 hour usage

CliniSupplies Lever Tap change 5-7 days	2 ltr P2000	1 box of 10
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Catheter Valves

PRODUCT	Size & Codes	Expected order quantity per 30 days
LINC medical Care-Flo Catheter Valve	CF1	1 Pack of 5

Catheter Securing Devices

PRODUCT	Size & Codes	Expected order quantity per 30 days
Ugo Fix Catheter Sleeve	Small 24-39cm 3005	1 Pack of 4
Ugo Fix Catheter Sleeve	Medium 36-55cm 3006	1 Pack of 4
Ugo Fix Catheter Sleeve	Large 40-70cm 3007	1 Pack of 4
Ugo Fix Gentle Catheter Clip with soft silicone adhesive patch	One size 3004	1 Pack of 5
Ugo Fix Catheter Strap (can be cut to size)	Medium 80cm 3003	1 Pack of 5

Urinary Sheaths Self Adhering Silicone

For single use, adhesive sheaths applied to the penis then attached to a drainage bag

- Appropriate assessment must be undertaken by an appropriately trained healthcare professional
- Patients must be measured properly including girth & length
- Sheaths must be changed on a daily basis to relieve pressure and allow for skin hygiene

Patients must meet the following criteria for a sheath to be successful:

- A non-retracted penis
- Healthy unbroken skin
- No risk of sheath being pulled off
- Reasonable mental awareness, manual dexterity and good eyesight or carer availability

PRODUCT	Size & Codes	Ordering Guide per 30 days
InView Standard (Regular length)	25mm 97225	Box of 30
InView Standard (Regular length)	29mm 97229	Box of 30
InView Standard (Regular length)	32mm 97232	Box of 30
InView Standard (Regular length)	36mm 97236	Box of 30
InView Standard (Regular length)	41mm 97241	Box of 30
InView Special (Short length)	25mm 97125	Box of 30
InView Special (Short length)	29mm 97129	Box of 30
InView Special (Short length)	32mm 97132	Box of 30
InView Special (Short length)	36mm 97136	Box of 30
InView Special (Short length)	41mm 97141	Box of 30
Conveen Optima (Coloplast) Standard	25mm 22025	Box of 30
Conveen Optima (Coloplast) Standard	28mm 22028	Box of 30
Conveen Optima (Coloplast) Standard	30mm 22030	Box of 30
Conveen Optima (Coloplast) Standard	35mm 22035	Box of 30
Conveen Optima (Coloplast) Standard	40mm 22040	Box of 30
Conveen Optima (Coloplast) Short	21mm 22121	Box of 30
Conveen Optima (Coloplast) Short	25mm 22125	Box of 30
Conveen Optima (Coloplast) Short	30mm 22130	Box of 30

Appendix

CONTINENCE APPLIANCE PRESCRIPTION REQUEST FORM

This Form must be used by EPUT community nursing staff to request prescriptions to be issued by patients' GPs for continence products and is intended to promote improved governance, formulary compliance and waste reduction. The minimum quantity required to meet patient needs should be ordered to avoid stockpiling. Any requests for non-formulary items must be clinically justifiable and may be challenged.

Please enter in CAPITALS:

Name of Patient..... Date of Birth NHS No.:

Address: Tel No.:

Name of Nurse: Tel No:

GP Practice Name & Address:

Product (Please refer to drug tariff for further information) FORMULARY ITEMS	Size & Codes	Ordering Guide Per 30 days	Quantity Required
Lubricant Gels			
Cathejell Mono (free from Lidocaine and Chlorhexidine)	8.5gm CJM 08501		
Cathejell Mono (free from Lidocaine and Chlorhexidine)	12.5gm CJM 12501		
Hydrocaine Jel	6mls HYD006		
Hydrocaine Jel	11mls HYD011		
Short Term Use – PTFE Coated Latex Catheter Designed for use for up to 4 weeks			
Rusch PTFE	12Ch Standard 10ml DP310112	Singles (1-2)	
Rusch PTFE	14Ch Standard 10ml DP310114	Singles (1-2)	
Rusch PTFE	16Ch Standard 10ml DP310116	Singles (1-2)	
Rusch PTFE	18Ch Standard 10ml DP310118	Singles (1-2)	
Rusch PTFE	12Ch Female 10ml DP210112	Singles (1-2)	
Rusch PTFE	14Ch Female 10ml DP210114	Singles (1-2)	
Rusch PTFE	16Ch Female 10ml DP210116	Singles (1-2)	
Rusch PTFE	18Ch Female 10ml DP210118	Singles (1-2)	
Long Term use – Hydrogel Coated Latex Designed to remain in situ for up to 12 weeks Supplied with a pre-filled syringe for balloon inflation and an empty syringe for balloon deflation			
Rusch Sympacath AquaFlate	12Ch Standard DH310112	Singles (1-3)	
Rusch Sympacath AquaFlate	14Ch Standard DH310114	Singles (1-3)	
Rusch Sympacath AquaFlate	16Ch Standard DH310116	Singles (1-3)	
Rusch Sympacath AquaFlate	18Ch Standard DH310118	Singles (1-3)	
Rusch Sympacath AquaFlate	12Ch Female DH210112	Singles (1-3)	
Rusch Sympacath AquaFlate	14Ch Female DH210114	Singles (1-3)	
Rusch Sympacath AquaFlate	16Ch Female DH210116	Singles (1-3)	
Long term Use – 100% Silicone Latex Free Designed to remain in situ for up to 12 weeks Supplied with a pre-filled syringe for balloon inflation and an empty syringe for balloon deflation			
Rusch Brilliant AquaFlate	12Ch Male DA310112	Singles (1-3)	
Rusch Brilliant AquaFlate	14Ch Male DA310114	Singles (1-3)	
Rusch Brilliant AquaFlate	16Ch Male DA310116	Singles (1-3)	
Rusch Brilliant AquaFlate	18Ch Male DA310118	Singles (1-3)	
Rusch Brilliant AquaFlate	12Ch Female DA210112	Singles (1-3)	
Rusch Brilliant AquaFlate	14Ch Female DA210114	Singles (1-3)	
Rusch Brilliant AquaFlate	16Ch Female DA210116	Singles (1-3)	
Long Term Use – 100% Silicone Designed to remain in situ for up to 12 weeks Second Line Option for regular catheter blockage with debris			
Coloplast Folsil X-TRA Open Ended	12Ch Standard AA8 C12	Singles (1-3)	
Coloplast Folsil X-TRA Open Ended	14Ch Standard AA8 C14	Singles (1-3)	
Coloplast Folsil X-TRA Open Ended	16Ch Standard AA8 C16	Singles (1-3)	
Coloplast Folsil X-TRA Open Ended	18Ch Standard AA8 C18	Singles (1-3)	

Catheter Maintenance Solutions (See Urinary Catheter Management Problem Solving on Intranet)			
Uro-tainer Twin Solution R	2 x 30ml 9746625	4 Maximum	
Uro-tainer Twin Suby G	2 x 30ml 9746609	4 Maximum	
Uro-tainer NaCl	50ml FB99849	4 Maximum	
Uro-tainer NaCl	100ml FB99833	4 Maximum	
LINC Medical Bladder Infusion Kit To be used if catheter maintenance solution is needed more than once weekly	MCI/701	1 pack of 10	
STERILE LEG BAGS 5-7 day use with needle free port Lever tap, ridge connector, night drainage connector and velcro anti-slip strap Cost Effective 1st choice			
LINC Medical LINC-FLO Direct tube	500ml LM500SD-L	1 pack of 10	
LINC Medical LINC-FLO Short Tube	500ml 10cm LM500MD-L	1 pack of 10	
LINC Medical LINC-FLO Long Tube	500ml 30cm LM500LD-L	1 pack of 10	
Including 1 pair of non-latex gloves and 1 pair of soft straps 5-7 day use, with needle free port			
CliniSupplies ProSys Bag Slide Tap Long Tube	350ml P350L	1 box of 10	
CliniSupplies ProSys Bag Slide Tap Short Tube	350ml P350S	1 box of 10	
CliniSupplies ProSys Bag Slide Tap Long Tube	500ml P500L	1 box of 10	
CliniSupplies ProSys Bag Slide Tap Short Tube	500ml P500S	1 box of 10	
CliniSupplies ProSys Bag Slide Tap Long Tube	750ml P750L	1 box of 10	
CliniSupplies Leg Bag Lever Tap Short Tube	500ml P500S-LT	1 box of 10	
CliniSupplies Leg Bag Lever Tap Long Tube	500ml P500L-LT	1 box of 10	
NIGHT BAGS 2 Litre Drainage Bags All Bags are Sterile Night bags should no longer be re-used in the community. A single use night bag is to be attached to the leg bag and disposed of daily. For Connection to Leg Bag – night time use only			
LINC Medical 2 litre overnight drainage bag Cost Effective 1st choice	2 ltr LM2LS	1 box of 10 x 3	
CliniSupplies with tap	2 ltr PSU2	1 box of 10 x 3	
For Bedbound or connected Directly to a Catheter 24 hour usage			
CliniSupplies Lever Tap change 5-7 days	2 ltr P20000	1 box of 10	
Catheter Valves			
LINC medical Care-Flo Catheter Valve	CF1	1 Pack of 5	
Catheter Securing Devices			
Ugo Fix Catheter Sleeve	Small 24-39cm 3005	1 Pack of 4	
Ugo Fix Catheter Sleeve	Medium 36-55cm 3006	1 Pack of 4	
Ugo Fix Catheter Sleeve	Large 40-70cm 3007	1 Pack of 4	
Ugo Fix Gentle Catheter Clip with soft silicone adhesive patch	One size 3004	1 Pack of 5	
Ugo Fix Catheter Strap (can be cut to size)	Medium 80cm 3003	1 Pack of 5	
Urinary Sheaths Self Adhering Silicone			
InView Standard (Regular length)	25mm 97225	Box 30	
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Conveen Optima (Coloplast) Standard	28mm 22028	Box of 30	
Conveen Optima (Coloplast) Standard	30mm 22030	Box of 30	
Conveen Optima (Coloplast) Standard	35mm 22035	Box of 30	
Conveen Optima (Coloplast) Standard	40mm 22040	Box of 30	
Conveen Optima (Coloplast) Short	21mm 22121	Box of 30	
Conveen Optima (Coloplast) Short	25mm 22125	Box of 30	
Conveen Optima (Coloplast) Short	30mm 22130	Box of 30	
Bag to be used for Urinary sheaths (For use only at night)			
LINC Medical 2 litre overnight drainage bag	LM2LS	Box 10 x 3	

Document History	Consultation Process	Amendments
Continence Formulary WECHS Version 3.0 May 2017	MOPB May 2017	
West Essex Primary Care Continence Appliance Formulary	<p>Catheter Pathway T&F group (WECCG, EPUT and PAH)</p> <p>Approved MOPB Feb 2020</p> <p>Guidance on quantity of Intermittent catheters approved at Herts and West Essex STP UTI & Catheter Care Group Meeting - 23 January 2020</p>	<ul style="list-style-type: none"> LINC medical Care-Flo Catheter Valves replace Ugo Catheter Valve 3000 1 pack of 5 Inview sheaths replace Mcgregor Healthcare QUFORA which has been discontinued. Addition of Dressit pack and Clinipod saline Removal of Appendix 1 Catheter Care Troubleshooting Guidelines; replaced with a link to the RCN Catheter Care Guidance for Health Care Professionals. Choice of Intermittent Catheters is not included with in this formulary, and should be made on an individual patient basis. Consider reviewing patients requesting/using >8/day, and referring these patients to the EPUT bladder & bowel service.

Version	5.0 Harmonisation of Hertfordshire Medicines Management Committee (HMMC) guidance and West Essex Medicines Optimisation Programme Board (WEMOPB) guidance updates include: <ul style="list-style-type: none"> Rebadging with HWE ICB and removal of WECCG header Review date removed and replaced with standard statement.
Developed by	See document history table above
Approved by	WEMOPB
Date approved/updated	May 2016, update February 2020
Review date:	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.
Superseded version	4.0