

## Prescribing of Peristomal Skin Protective Sprays, Foam Applicators and Wipes Position Statement (Adults only)

### Hertfordshire and West Essex ICB recommends:

#### Peristomal Skin Protective Sprays

**1<sup>st</sup> Line:** StoCare® Protect No-Sting Protective Barrier Film Spray

**2<sup>nd</sup> Line:** Medi Derma-S® Non Sting Medical Barrier Film Spray

#### Peristomal Skin Protective Wipes (reserved for people who lack the manual strength or dexterity to use a spray)

**1<sup>st</sup> Line:** StoCare® Protect Barrier Wipes

**2<sup>nd</sup> Line:** Salts® Barrier Film Wipes

#### Monthly Quantity to Prescribe - for a maximum of two months

1-2 spray cans or 15-30 wipes (i.e. a maximum of two spray cans or one pack of wipes)

### Recommendations

- StoCare® Protect No-Sting Protective Barrier Film Spray should be prescribed as first line option.
- Medi Derma-S® Non Sting Medical Barrier Film Spray should be prescribed as second line option.
- Wipes should be reserved for people who lack the manual strength or dexterity to use a spray.
- Either a spray or wipes should be prescribed, not both.
- Peristomal skin protection should only be used for a maximum period of two months.
- Patients prescribed peristomal skin protection in excess of two months should be referred to their local stoma care nurse for review.
- Excessive ordering of peristomal skin protectives should be questioned. It may signify that the person is having problems and needs a stoma assessment.
- If unsure of an additional request, issue one protective barrier film spray, or one box of wipes and refer patient to the stoma care nurse.

### Rationale

- Peristomal Skin Protective sprays are first line formulary choice as they are more cost-effective than foam applicators and wipes.
- The use of skin protection may mask or worsen the peristomal skin problem. Therefore, a review by the stoma care nurse is recommended if the skin issue persists beyond 2 months of treatment.
- This position statement covers adults only, because paediatric skin care requirements may vary, depending on the age of the child.



## Background

- Peristomal skin protective wipes, foam applicators and sprays can help to protect sore skin from further damage whilst the cause of the sore skin is investigated.
- The peristomal skin issue could be related to the stoma bag itself, an ill-fitting template, change in abdomen shape or consistency of effluent passed.

## Stoma Care Nurse Team Contact Details:

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SWH: Hertsmere Locality	Telephone: 07901 118827 (Monday-Friday, 8:30am-4:30pm)	Email: <a href="mailto:nclibc.stomanurse@nhs.net">nclibc.stomanurse@nhs.net</a>
ENH: Stoma office for hospital and community care service, Lister hospital, Stevenage	Telephone: 01438 284133 (Monday-Friday, 7am-4.30pm)	Email: <a href="mailto:stomacare.enh-tr@nhs.net">stomacare.enh-tr@nhs.net</a>
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<b>Review date</b>	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.

