**PRIOR APPROVAL REQUEST**

**Haemorrhoidectomy**

Academy of Medical Royal College’s guidance

National Evidence Based Intervention policy can be viewed at <https://www.aomrc.org.uk/ebi/clinicians/haemorrhoid-surgery/>

**Please complete and return this form along with clinic letter/supporting evidence to:**

For west Essex patients [priorapproval.hweicb@nhs.net](mailto:priorapproval.hweicb@nhs.net) Tel: 01992 566150  
For Hertfordshire patients [priorapproval.hweicb@nhs.net](mailto:hweicbwe.funding@nhs.net) Tel: 01707 685354

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| --- | --- | --- |
| Patient consent | This application has been discussed with the patient and the patient consents to relevant information being shared with the ICB. | Please tick |

|  |  |
| --- | --- |
| Date form completed |  |
| Urgency | Routine 5 working day turnaround Urgent 2 working day turnaround  Note: An urgent request is one in which a delay may put the patient’s life at risk.  Turnaround times commence the day after receipt of funding application. |
| Patient Name |  |
| Patient DOB |  |
| NHS Number |  |
| Hospital Number |  |
| Patient’s GP and practice |  |

|  |  |
| --- | --- |
| Applying Clinician’s Name |  |
| Job title |  |
| Contact details (including email) |  |
| Declaration | I declare that the information provided is, to the best of my knowledge, true and I am aware that this procedure may be subject to clinical audit. |

# All cases of haemorrhoids should be investigated for anaemia and other red flag signs and symptoms. If positive, these cases should be referred on appropriately under the two week wait criteria

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| **Criteria** | **Yes** | **No** |
| Persistent grade 1 (rare) or 2 haemorrhoids that have not improved with non-operative measures.  **OR** |  |  |
| Severe (grade 3 or grade 4), which combine internal/external haemorrhoids with persistent pain or bleeding;  **OR** |  |  |
| Irreducible and large external haemorrhoids.  **AND** |  |  |
| **IN ALL CASES** a clinic letter is included in this funding application which details degree of haemorrhoids, symptoms and conservative management tried. |  |  |
| **Definitions**  • 1st degree haemorrhoids: Bleed but do not prolapse  • 2nd degree haemorrhoids: Prolapse but reduce spontaneously  • 3rd degree haemorrhoids: Prolapse but reduced manually  • 4th degree haemorrhoids: Permanently prolapsed and irreducible | | |

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| **For patients where the criteria are not met and it can be demonstrated that there is an exceptional healthcare need, an Exceptional Case Request Form can be submitted to the IFR team.** |

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| **Shared decision making** | Patients should be supported with their decisions. Resources that can support implementation of shared decision making can be found on the NHS England website:  <https://www.england.nhs.uk/shared-decision-making/guidance-and-resources/> |

**HWE ICB Fitness for Elective Surgery policy criteria**

|  |  |
| --- | --- |
| **Smoking status** | Never smoked  Current smoker  Ex-smoker – date last smoked: - - / - - / - -  For patients who currently smoke or have stopped smoking less than 8 weeks ago, please tick to show that you have made your patient aware that they will need to have stopped smoking or switched to e-cigarettes for at least 8 weeks prior to surgery |
| **Measurements** | Height: ……….cm Weight: …………kg BMI ……….. kg/m²    **BMI >40 –** Patientsare expected to reduce their weight by 15% or BMI <40 (whichever is greater).  **BMI 30-40 -** Patients are expected to lose 10% of their weight or reduce BMI to <30.  If the patient has already achieved their target weight loss in the last 9 months, please give details of previous recorded measurements and the date recorded by clinician or, attach referral coversheet from GP or community provider.  Previous Weight: ………..kg Previous BMI ………… kg/m²  Date measured - - / - - / - - - - % weight reduction = ………….  For surgery other than hip, knee or spinal, where the patient’s BMI is 30 to 40 and metabolic syndrome has been actively excluded in the last 18 months, please attach copy of evidence from GP or Community referral form.  At 9 months, if the patient has not met their target weight and/or stopped smoking, they should be reassessed for their need for- and fitness for- surgery.  See the Fitness for Elective Surgery policy at  <https://www.hweclinicalguidance.nhs.uk/clinical-policies/fitness-for-surgery/> |