

Semaglutide Injectable Pen Patient Information Leaflet

Your semaglutide prescription change

One semaglutide (Ozempic®) pen provides 4 weeks' supply.

You may notice a reduction in the number of Semaglutide (Ozempic) pens prescribed to you. This is because one pen provides four weeks' supply of medication.

If you are still receiving more than one pen every four weeks, please contact your GP and let them know, so they can prescribe you the correct amount.

About semaglutide

You have been prescribed semaglutide (Ozempic®) injections to help with your diabetes.

Please be sure to refer to the full instructions for use in the package leaflet which will be included in the box with the medication.

In summary, semaglutide improves blood glucose control by helping your body produce and release insulin after eating. Insulin is a hormone that helps cells to take in glucose and use it to make energy. This reduces the amount of glucose in the blood. Semaglutide helps to slow down glucose absorption into the bloodstream. It reduces the speed at which the stomach empties after eating, which means you will feel more satisfied after a meal. It may also help with weight loss.

Semaglutide dosing

Drug and dose	Quantity to prescribe for 4 weeks
Semaglutide 0.25mg WEEKLY for 4 weeks (starting dose only and not maintenance)	1 Box of 1 Pen (Each Pen contains 4 doses)
Semaglutide 0.5mg WEEKLY for at least 4 weeks or maintenance	1 Box of 1 Pen (Each Pen contains 4 doses)
Semaglutide 1.0mg WEEKLY for maintenance. DOSES HIGHER THAN 1MG NOT RECOMMENDED	1 Box of 1 Pen (Each Pen contains 4 doses)

Semaglutide (Ozempic®) is to be injected into the abdomen, thigh or upper arm.

Semaglutide (Ozempic®) should be injected once weekly at any time of the day, with or without a meal. The day of the week that it is injected can be changed if needed, provided the time between two doses is at least three days. If a dose is more than five days late, the missed dose should not be taken, and the next dose should be administered at the normal time.

Store injection pens in a refrigerator (2–8°C). After first use, they can be stored below 30°C. Keep the cap on pens to protect from light.

Important information

If you notice severe, persistent abdominal pain, contact your GP.

Please check the *Hertfordshire and West Essex ICB Prescribing, Policies and Pathways* website (<https://www.hweclinicalguidance.nhs.uk/home>) to ensure you have the latest version of this document as it will be updated in response to feedback and up to date guidance.

Date	Version number	Author	Consultation Process	Amendments
January 2022	V0.1	Medicines Optimisation Team Herts Valley CCG	Reviewed at Medicines Optimisation Programme Board (MOPB) for adoption January 2022	Message simplified to 'provides 4 weeks supply'
February 2022	V0.2		Reviewed by West Essex CCG Comms Team	Various wording and grammar amended
March 2022	V0.3		MOPB virtual approval	Comment added: 'Please be sure to refer to the full instructions for use in the package leaflet which will be included in the box with the medication.'

Version	0.4 Harmonisation of Hertfordshire Medicines Management Committee (HMMC) guidance and West Essex Medicines Optimisation Programme Board (WEMOPB) guidance updates include: <ul style="list-style-type: none">• Rebadging with HWE ICB and removal of WECCG header• Review date removed and replaced with standard statement.
Developed by	HVCCG PMOT
Approved by	MOCL and WEMOPB
Date approved/updated	MOCL October 2021 and WEMOPB March 2022
Review date:	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.
Superseded version	0.3