Evidence Based Intervention

Female Sterilisation

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Policy:

Sterilisation is an irreversible method of contraception. Female sterilisation surgery involves blocking or sealing the fallopian tubes, which link the ovaries to the uterus, thus preventing the eggs from reaching the sperm and becoming fertilised. As this procedure is invasive and requires anaesthetic it comes with associated health risks.

Female sterilisation will be funded in the following circumstances –

- It is evidenced that the patient is unable to tolerate all hormonal forms of contraception.
- The patient has been fully informed of associated health risks.

There are many methods of contraception accessible in Herts and West Essex that are overall more clinically effective and that are associated with lower health risks.

References

1. Percentage of women experiencing an unintended pregnancy within the first year of use with typical use and perfect use (modified from Trussell J. Contraceptive efficacy. In: Hatcher RA, Trussell J, Nelson AL, et al. (eds), Contraceptive Technology (20th revised edn). New York, NY: Ardent Media, 2011
2. https://www.nhs.uk/conditions/contraception/female-sterilisation/
   https://www.fpa.org.uk/contraception-help/sterilisation-male-and-female

Change History:

Version	Date	Reviewer(s)	Revision Description

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